

OPEN MEN**CLUB RECORDS as at 18th April 2023**TRACK

100m.	10.21s	Dhruv Rodrigues Chico	1.4.23
200m	20.81s	Dhruv Rodrigues Chico	25.3.23
400m	45.90s	Mark Ladbrook	26.1.95
800m	1.49.24	Russell Forbes	22.2.86
1500m	3.43.8	John Sheehan	3.12.81
3000m	8.04.06	Clinton Perrett	8.8.10
5000m	13.43.95	Mark Boucher	2.12.86
10,000m	28.33.28	Mark Boucher	18.12.86
3,000m Steeple	8.52.44	Mark Boucher	22.2.87
1 Mile	4.00.00	John Sheehan	17.12.81
Half Marathon (Best Perf.)	1.03.41	Clint Perrett	4.3.12
Marathon (Best Perf.)	2.17.24	Clint Perrett	16.10.11
110m Hurdles (106.7cm)	13.85s	Tim Ewen	16.3.02
400m Hurdles (91.4cm)	50..9H	Geoff. McNamara	24.3.68
440yds Hurdles (91.4cm)	50.9s H	Mick. Ryan (440 yards = 402.34m)	1964
3000m Walk	12.23.0	David Cash	7.11.81
5000m Walk	21.49.6	Chris. Lockwood	26.11.92
10,000m Walk	46.23.0	David Cash	13.2.85
4x100 Relay	40.68s	Sam Clarke, Luke Stephens, Asthika Liyanaarachchi, Dhruv Rodrigues Chico	26.11.22
4x200 Relay	1.25.7	John Morrissey, Andrew Douglas, Nick Broome, Paul Dunne	17.2.85
4x400 Relay	3.14.1	P. Anderson, J. Morrissey, R. Forbes, P. Dunne	18.12.83
4 x 800 Relay	7.42.1	S. Bacon, R. Forbes, B. Smith, R.Zubin	17.2.85
4 x 1500 Relay	16.08.7	John Kneen, Mike Vignola, Matt Ryan, John Sheehan	8.1.77
1600m Medley Relay	3.26.71	Tony Wilson (800) Stuart Laidlaw (400) Tim Matthews (200) Justin Lewis (200)	4.12.99

FIELD

High Jump	2.16m	Matthew Gamble	19.1.95
Long Jump	8.06m	Henry Smith	9.2.19
Triple Jump	17.18m	Andrew Murphy	Victoria Record 26.11.89
Discus (2kg)	52.49m	Nick Dyson	22.2.23
Shot Put(7.26kg)	17.34m	Ray Rigby	1972
Javelin (800gr.)	67.58m	Nicholas Baltas	15.3.98
Javelin (800gr.) Para	66.90m	Michael Burian	World Record 30.8.21
Pole Vault	5.19m	Eddie Johnston	4.12.71
Hammer (7.26kg.)	66.32m	Jack Dalton	10.4.21
Decathlon	7912 pts	Paul Scott	22/23.3.91

(100m 11.01, LJ 7.07 SP(7.260kg)12.07 HJ 1.98 400m 47.57
110mH(106.2)D(2kgT 41.20 PV 4.70 JT(800g)59.68 1500m 4.24.76)

UNDER 20TRACK

100m	10.83s	Aaron Leferink	8.12.18
200m	21.51s	Mark Ladbrook	24.2.91
400m	47.1s H	Paul Dunne	3.12.81
800m	1.50.53	Geoff. Small	30.3.84
1500m	3.45.6	John Sheehan	1.3.77
3000m	8.09.24	Clinton Perrett	14.12.02
5000m	14.04.0	Angus Dobie	26.1.84
2000m Steeple	5.49.8	Mark Boucher	21.2.82
3000m Steeple	8.59.6	Mark Boucher	8.12.81
110m Hurdles (106.7cm)	15.23s	Peter Winter	1.4.90
110m Hurdles (99.1cm)	14.91s	Carl Morehouse	13.4.02
400m Hurdles (91.4cm)	51.42s	Toby Sutherland	12.4.03
3000m Walk	12.38.0	Ian Waters	8.3.86

5000m Walk	22.26.41	Ian Waters	23.2.86
4 x 100 Relay	42.4s H	Mark Ladbrook, Mark Maskiell Paul Scott & Peter Winter	17.12.89
4 x 200 Relay	1.29.3	Brett Callaghan, Cory Watter, Andrew Cikalov & Mark Ladbrook	19.12.89
4 x 400 Relay	3.16.4	Rennie Page, Paul Dunne, Geoff. Small & A. Dahan	19.12.82
4 x 800 Relay	7.46.5	A. Dobie, M. Dunsmore, J. Watters & G. Small Jason Waters & Geoff Small	17.12.83
1600m Medley Relay	3.36.42	Clinton Perrett (800) James Pellicano (400) Liam Wallis (200) Adrian Pile (200)	4.12.99
High Jump	2.15m	Matthew Gamble	18.11.93
Pole Vault	4.75m	Paul Scott	24.2.90
Long Jump	7.68m	Henry Smith	22.3.14
Triple Jump	17.18m	Andrew Murphy	Victorian Record 26.11.89
Discus (1.75g)	45.81m	Paul Peulich	5.4.03
Hammer (6 kg)	68.43m	Paul Peulich	11.4.02
Javelin(800gr)	61.30m	Nicholas Baltas	19.3.89
Shot Put (5kg)	18.99m	Paul Peulich	25.5.02
Decathlon	7482 pts	Paul Scott	Victorian Record 6/7.1.90
(100m 11.40 LJ 6.79 SP(7.260gr) 11.21 HJ 2..09 400m 49.07 110mH106.7cm)15.93DT(2kg(37.00 PV 4.60 JT(800gr56.241500m 4.19.00)			

UNDER 19

TRACK

100m.	10.83s	Aaron Leferink	8.12.18
200m.	21.52s	Paul Dunne	21.3.82
400m	47.1s H	Paul Dunne	3.12.81
800m.	1.53.0	John Sheehan	5.2.77
1,500m.	3.45.6	John Sheehan	1.3.77
3,000m	8.15.8	Angus Dobie	22.3.84
5,000m.	14.04.0	Angus Dobie	26.1.84
110m Hurdles (99.1cm)	14.91s	Carl Morehouse	13.4.02
400m Hurdles (91.4cm)	53.50s	Harrison Kimpton-Moss	24.1.16
2,000m.Steeple	5.49.8	Mark Boucher	21.2.82
3,000m Steeple	8.59.6	Mark Boucher (Vic. Record)	3.12.81
3,000m.Walk	12.38.0	Ian Waters	5.3.86
5,000m. Walk	22.26.41	Ian Waters	22.2.86
4 x 100m Relay	43.1s	C. Watters, B. Callaghan, D. Seers, M. Ladbrook	16.12.90
4 x 200m Relay	1.29.3	B. Callaghan, C. Waters, A. Cikalov, M. Ladbrook	19.12.89
4 x 400m Relay	3.20.3	B. Callaghan, D. Seers, C. Watters, G.Brown	16.12.90
4 x 800m Relay	7.56.8	J. Sheehan, J. Taylor, J. Chip, M. Hunter	8.3.76
1600m Medley Relay	3.36.42	Clinton Perrett (800) James Pellicano (400) Liam Wallis (200) Adrian Pile (200)	4.12.99

FIELD

High Jump	=2.10m	Matthew Gamble	6.3.93
High Jump	=2.10m	Henry Smith	16.3.12
Long Jump	7.68m	Henry Smith	22.3.14
Triple Jump	15.84m	Andrew Murphy	26.3.88
Pole Vault	4.30m	Tom Tanojevic	7.2.17
Discus (1.5kg)	45.81m	Paul Peulich	5.4.03
Hammer (6kg)	68.43m	Paul Peulich	11.4.02
Javelin (800gr)	63.33m	Tim. Warden	19.11.77
Shot Put (6kg)	18.99m	Paul Peulich	Victorian Record 25.5.02
Decathlon	6,257 pts	Peter Winter	4/5.12.88
(100m 11.17 LJ 6.63 SP 5.449kg)11.26 HJ 1.84 400m 49.91 110mH (99.1cm) 14.98 DT(1.5k)25.42PV2.70 JT (700g) 49.36 1500m 4.57.7)			

UNDER 18

	<u>TRACK</u>		
100m.	10.83s	Aaron Leferink	8.12.18
200m.	21.74s	Eugene Bernaudo	11.12.94
400m	47.1s H	Paul Dunne	3.12.81
800m	1.52.77	Hamish Donahue	14.4.23
1,500m	3.52.10	Will Garbelotto	18.3.21
3,000m	8.24.06	Will Garbelotto	21.12.20
5,000m	14.59.4	Clinton Perrett	16.3.00
110m Hurdles (99.1cm)	14.98s	Peter Winter	5.12.88
110m Hurdles (91.4cm)	14.41s	Carl Morehouse	9.12.00
400m Hurdles (84cm)	52.33s	Harrison Kimpton-Moss	9.9.15
2,000m Steeple	6.05.53	Cameron Leaver	2.11.91
2,000m Walk	9.12.8	Daniel Mercer	16.11.96
3,000m Walk	13.39.0	Ian Waters	17.3.83
4 x 100 Relay	43.34s	Aaron Leferink, Harrison Kimpton-Moss Jamie Philander & Tom Tanojevic	28.11.15
4 x 200m Relay	1.29.3	Brett Callaghan, Cory Watters, Andrew Cikalov & Mark Ladbrook	19.12.89
4 x 400m Relay	3.20.3	Brett Callaghan, Dale Seers, Cory Watters & Gary Brown	16.12.90
4 x 800m Relay	8.09.52	Michael Milbuirn, Patrick O'Reilly, Matthew Hale & Luke Wallace	15.12.01
1600m Medley Relay	3.36.42	Clinton Perrett (800) James Pellicano (400) Liam Wallis (200) Adrian Pile (200)	4.12.99

FIELD

High Jump	2.10m	Henry Smith	16.3.12
Pole Vault	4.11m	Rob. Huddle	4.12.71
Long Jump	7.68m	Henry Smith	22.3.14
Triple Jump	15.41m	Andrew Murphy	28.3.87
Discus (1.5kg)	57.65m	Andrew Dosen	28.3.98
Hammer (5kg)	66.19m	Paul Peulich	24.2.01
Javelin(700gr)	62.07m	Jack Mogensen	19.4.21
Shot Put(5kg)	19.28m	Paul Peulich	Victorian Record 9.12.01
Decathlon	6,257 pts	Peter Winter	4/5.12.88
		(100m 11.17 LJ 6.63 SP 5.449kg)11.26 HJ 1.84 400m 49.91 110mH(99.1cm)14.98DT(1.5kg)25.42PV2.70T(700gr)49.35 1500m4.57.75)	

UNDER 17

	<u>TRACK</u>		
100m.	10.96s	Sam Jewell	7.11.08
200m	21.74s	Eugene Bernaudo	11.12.94
400m	47.1s H	Paul Dunne	Victorian Record 3.12.81
800m	1.54.81	Austin Fernando	15.4.23
1500m	3.58.55	Clinton Perrett	7.5.00
3000m	8.41.34	Clinton Perrett	7.5.00
5000m	14.59.4	Clinton Perrett	16.3.00
2000m Steeple (91.4cm)	6.16.9	Richard Simon	18.2.78
110m Hurdles (91.4cm)	14.41s	Carl Morehouse	9.12.00
400m Hurdles (84cm)	53.46s	Harrison Kimpton-Moss	8.2.15
2000m Walk	9.21.3	Daniel Mercer	3.2.96
3000m Walk	13.39.0	Ian Waters	17.3.83
4 x 100m Relay	43.57	Christopher Eather, Sam Jewell, Matthew Wirdnam, Dennis McCallum	23.2.07
4 x 200m Relay	1.30.7	Raphael Allwright, Gary Brown, Dale Seers, Adrian Boal	Victorian Record 19.12.89
4 x 400m Relay	3.24.7	J. Watters, S. Thring, R. Page, P. Dunne	5.3.82
4 x 800m Relay	8.17.9	M. Gledhill, M. Boucher, A. Parrott, S. Kenny	4.2.79
1600m Medley Relay	3.38.02	Harrison Kimpton-Moss(200) Tom Tanojevic (200)	

Andrew McGrath (400) Sean Flintoft (800) 29.11.14

FIELD

High Jump	2.10m	Henry Smith	16.3.12
Pole Vault	4.11m	Rob. Huddle	4.12.71
Long Jump	7.54m	Henry Smith	Victorian Record 12.3.13
Triple Jump	14.98m	Andrew Murphy	18.11.86
Discus (1.5kg)	57.65m	Andrew Dosen	28.3.98
Hammer(5kg)	66.19m	Paul Peulich	24.2.01
Javelin(700gr)	58.74m	Nicholas Baltas	22.11.86
Shot Put (5kg)	18.67m	Paul Peulich	29.6.01
Multi Event	5,413 pts	Thomas Morehouse	1-2.11.97

(100n 12.06 LJ 6.00 SP4.5kg)11.41 HJ 1.71 400m54.19
110mH(91.4cm)16.29DT(1.5kg)33.31PV2.70JT(700gr)35.54 1500m5.03.82)

UNDER 16

TRACK

100m	11.05s	Aaron Leferink	13.2.16
200m	22.22	Sam Jewell	9.12.07
400m	49.4s H	Paul Dunne	29.11.80
800m	1.55.6	Jason Watters	16.1.83
800M Para	2.50.50	Leopold Reeve	27.11.21
1500m	4.12.98	David Barker	11.12.04
3000m	9.27.6	Martin Dunsmore	14.2.81
5000m	16.59.90	Sean Guiney	12.12.09
2000m Steeple (91.4cm)	6.32.9	Cameron Leaver	3.3.90
2000m Steeple (76.2cm)	6.36.29	Sean Guiney	8.11.08
100m Hurdles (84 cm)	13.04s	Aaron Leferink	5.12.15
200m Hurdles (76.2cm)	25.30s	Harrison Kimpton-Moss	8.12.13
1500m Walk	6.22.0	Ian Waters	22.1.83
2000m Walk	9.22.6	Daniel Mercer	14.10.95
4 x 100. Relay	=44.4s H	D. Symes, G. Brown, D. Seers, A. Boal	17.12.89
	=44.4s H	P. Burnett, E. Bernaudo, D. Wake, N. Lockhart	12.12.92
4 x 200m Relay	1.30.7	R. Allwright, G. Brown, D. Seers, A. Boal (Aust.Rec.)	19.12.89
4 x 400m Relay	=3.32.0	P. Dunne, J. Douglas, J. Watters, R. Page	8.3.81
4 x 400m Relay	=3.32.0	A. Saunderson, A. Pile, B. Bonne & J. Pellicano	21.12.97
4 x 800m Relay	8.23.90	A.Saunderson, J. Pellicano, B.Bonne & P.Mason	20.12.97
1600m Medley Relay	3.48.44	Adrian Pile (200) Liam Wallis (200) Andrew Saunderson (400) James Pellicano (800)	21.12.97

FIELD

High Jump	2.10m	Henry Smith	2.10m
Pole Vault	3.22m	L. Williamson	1971
Long Jump	7.04m	Henry Smith	15.3.12
Triple Jump	14.75m	Henry Smith	Victorian Record 24.2.12
Discus (1 kg.)	62.58m	Cameron Menzies	11.4.10
Shot Put(4 kg)	17.75m	Paul Peulich	4.3.00
Javelin (700gr)	55.90m	Brendan Nelson	21.11.87
Hammer (4.kg)	48.62m	200m 26.33	4.3.00
Multi Event	4,670 pts	Gary Brown (Vic. record)	27/28.3.90

100mH (94.1cm) 14.03 SP(4.6gr) 11.73HJ 1.67 200m 22.79
LJ 5.98 Jav.700gr) 40.04 1500m 4.43.55)

Multi Event	3503 pts	Jack Mogensen	12/13..1.19
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(100mH(84cm) 16.01 SP(4kg) 11.73 HJ 1.47
LJ 5.07Jav.700gr) 49.59 1500m 5.15.7)

UNDER 15

TRACK

100m	11.05s	Aaron Leferink	13.2.16
200m	22.56s	Aaron Leferink	14.2.16
400m	50.48s	David Teasdale	7.3.04

400m Para	71.81s	Leopold Reeve	13.11.21
800m	2.01.54	James Pellicano	8.12.96
1 Mile	5.02.30	John Goodwin	8.2.22
1500m	4.12.98	David Barker	11.12.04
3000m	9.27.6	Martin Dunsmore	14.2.81
5000m	18.14.6	Sean Guiney	16.12.06
2000m Steeple (76.2 cm)	6.36.29	Sean Guiney	8.11.08
2000m Steeple (91.4cm)	7.28.2	Damian Mitchell	9.2.85
100m Hurdles (84cm)	13.04s	Aaron Leferink	5.12.15
200m Hurdles (76.2)	28.84s	Harrison Kimpton-Moss	9.2.13
1500m Walk	6.35.9	Ian Waters	14.3.82
2000m Walk	10.16.2	Daniel Mercer	2.3.91
4 x 100m Relay	46.8s H	J. Douglas, E. Lehnacker, Rennie Page, Paul Dunne	3.2.80
4 x 200m Relay	1.33.9	M. Roberts, G. White, Trevor Nunn, Paul Hodges	1.12.73
4 x 400m Relay	3.57.36	Kyle Verbunt, Oliver Goodger	
		Sean Lai & Jack Donaldson	24.11.18
4 x 800m Relay	10.09.4	G. Millburn, J. Minden, T. Gunning, Jason Abbott	11.2.01
Medley Relay	4.05.51	Jason Abbott (800) Jason Stewart (400m)	
		Tim Stewart (200) Abir Ahmed (200)	11.2.01

FIELD

High Jump	1.99m	Henry Smith	12.3.11
Long Jump	6.33m	Matthew Woodruff	26.3.95
Triple Jump	13.43m	Andrew Murphy	8.12.84
Pole Vault	3.22m	L. Williamson	1971
Discus (1 kg)	58.42m	Cameron Menzies	7.11.09
Hammer (4 kg)	32.69m	Paul Peulich	6.2.99
Shot Put (4 kg)	15.73m	Taylor Hunt	29.10.05
Javelin(700gr)	48.39m	Jackson Wallace	18.3.18
Multi Event	2881 pts	Carl Morehouse	19/20.12.98
	(100mH (84cm)15.76 SP(4.5gt) 7.98 HJ 1.51 200m 26.41		
	LJ 5.03 Jav. (600gr) 19.97 1500m 5.30.57)		

UNDER 14

TRACK

100m	11.62s	Aaron Leferink	14.2.15
200m	23.76s	Aaron Leferink	15.2.15
400m	53.4s H	Jason Watters	15.3.81
800m	2.02.8	Jason Watters	15.3.81
1500m	4.20.9	Jason Watters	14.2.81
3000m	9.57.3	P. Batchelor	5.3.78
5000m	18.14.6	Sean Guiney	16.12.06
2000m Steeple (76.2cm)	6.51.07	Sean Guiney	6.12.07
90m Hurdles (76.2cm)	12.54s	Aaron Leferink	Victorian Record 9.11.14
200m Hurdles(76.2cm)(5Flgts	29.9s H	Carl Morehouse	7.2.98
200m Hurdles(76.2cm)(10Flgt	30.45s	Aaron Leferink	14.2.14
1500m Walk	6.38.0	Ian Waters	7.2.81
2000m Walk	10.16.2	Daniel Mercer	2.3.91
4 x 100m Relay	49.5s H	Tim. Brooks, David Evans, Gary Brown, Adrian Boal	20.12.87
4 x 200m Relay	1.43.1	W. Morphett, Paul Dunne, J. Douglas, Rob. DeNardis	
4 x 400m Relay	3.57.36	Kyle Verbunt, Oliver Goodger	
		Sean Lai & Jack Donaldson	24.11.18
Medley Relay	4.05.51	Jason Abbott (800) Jason Stewart (400m)	
		Tim Stewart (200) Abir Ahmed (200)	11.2.01

FIELD

High Jump	1.81m	Henry Smith	12.3.11
Long Jump	6.09m	Jackson Sweet	3.12.16
Triple Jump	12.91m	Henry Smith	13.3.10
Pole Vault	2.80m	Cameron Hathway	18.3.17

Discus (1 kg)	50.32m	Taylor Hunt	30.10.04
Javelin(600gr)	46.12m	Jackson Wallace	18.11.17
Shot Put (3 kg)	16.37m	Taylor Hunt	16.10.04
Hammer (3 kg)	19.47m	Jack Mogensen	12.11.16
Multi Event	2,977 pts	Gary Brown (90mH (76.2cm) 13.2 HJ 1.51 200m 25.6 SP (2.724kg) 12.36 12.36 800m 2.258.01)	10.1.88

UNDER 13

100m.	11.9s H	Adrian Boal	31.1.87
200m.	25.43s	L. Wallace-Bruce	7.12.88
400m	56.6s H	Jason Watters	10.2.80
800m	2.09.0	Jason Watters	16.2.80
1500m	4.40.2	Jason Watters	15.3.80
3000m	10.17.7	Sean Guiney	10.2.07
2000m Steeple (76.2cm)	7.35.3	Sean Guiney	18.11.06
80m Hurdles (76.2cm)	13.45s	Carl Morehouse	11.12.96
90m Hurdles (76.2cm)	13.85s	Aaron Leferink	16.2.14
200m Hurdles (76.2cm)	30.42s	Matthew Miliias	26.2.22
1500m Walk	7.11.4	Ian Waters	8.3.80
2000m Walk	10.16.2	Daniel Mercer	2.3.91
4 x 100m Relay	51.2s H	Paul Dunne, T. Rattle, S. Witherow, A. Wittey	19.3.77
4 x 200m Relay	1.49.9	Paul Dunne, S. Power, G. Watson, Rob. DeNardis	11.3.78
4 x 400m Relay	4.11.1	Jason Watters, Ian Waters, Michael Jeffs, N. Brook	5.2.80

FIELD

High Jump	1.68m	Henry Smith	28.2.09
Long Jump	5.50m	Matthew Miliias	25.2.22
Triple Jump	11.41m	Tristan Scheirs	15.3.13
Discus (1 kg)	29.70m	Andrew Thomas	7.3.81
Shot Put (2.724kg)	11.74m	Thomas Murray-White	3.12.83
Shot Put (3 kg)		Vacant	
Hammer (3 kg)	19.47m	Jack Mogensen	12.11.16
Javelin (600gr)	37.84m	Tristan Scheirs	15.3.13
Multi Event	2,048 pts	David Evans (90mH 15.98 HJ 1.35 200m 29.61 SP 8.73 800m 2.32.15) (76.2cm) (2.724kg)	11.1.87